




VACATION CARE PROGRAM

December 2020/January 2021






<p>THURSDAY 17.12.20 BELIEVE IN THE MAGIC OF CHRISTMAS</p>	<p>FRIDAY 18.10.20 CHRISTMAS PARTY DAY</p>	<p>WISHING YOU ALL A VERY MERRY CHRISTMAS AND A WONDERFUL NEW YEAR</p>  <p>HAPPY AND SAFE HOLIDAYS TO ALL OUR CWOOSH FAMILIES FROM THE CWOOSH TEAM</p>
<p>Tis' the season!!! Today we will be getting into the holiday spirit and creating our very own Santa's workshop. Our little elves will be building, cooking and creating lots of different Christmas goodies to put on, under and around our Christmas trees.</p> 	<p>Woo Hoo, it's that time of the year, Christmas! which will always be the most wonderful time of the year. So, come and join us in adding an extra sparkle to these extraordinary times. Today we will be celebrating through Christmas Carol sing-a-longs, pass the parcel, writing letters to Santa, dancing, making gifts for family and friends and making and decorating party foods!!</p> 	
<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	



WEEK 1






<p>MONDAY 4.1.21 NEW YEARS CELEBRATION</p>	<p>TUESDAY 5.1.21 SENSORY EXPLORATION</p>	<p>WEDNESDAY 6.1.21 WATER FUN DAY</p>	<p>THURSDAY 7.1.21 CONSTRUCTION DAY</p>	<p>FRIDAY 8.1.21 TECHNOLOGY DAY</p>
<p>Bring on 2021!! New Year is a special time for us to come together and celebrate a new beginning. Today, children will celebrate the beginning of the New Year with a bang with lots of fun and engaging activities. Think firework craft displays, delicious treats from the future and old school new year's resolutions, we can't think of a better way to kick off 2021!</p> 	<p>It's time to get creative as we use recycled materials and bits and bobs to make some really cool things to take home!! Children will be working individually and with friends as they engage in problem solving and abstract thinking. As well as getting messy making slime, goop and playdough!</p> 	<p>Playing with water is every kid's favourite activity. There is no better time than Summer to keep the children entertained and engaged with water games. Be it playing with bubbles, water pistols, water balloons or other water games, the kids are bound to have FUN!!</p> 	<p>Come and join us for a day of recycled construction! We will be working on our problem solving and team work skills to build iPad stands, recycled bottle rockets, tube construction and much much more!! Don't forget to bring your creative hats!!</p> 	<p>Today is all about technology, both old and new. From learning how pulleys work, to pulling apart and putting back together everyday appliances. At the end of the day we will get creative with our technologies and create a short film!!</p> 
<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps), spare clothes (in case they get really wet), towel</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>

WEEK 2

<p>MONDAY 11.1.21 TEAM BUILDING CHALLENGES</p>	<p>TUESDAY 12.1.21 OUTDOOR STAFF TALENT DAY</p>	<p>WEDNESDAY 13.1.21 MINECRAFT DAY</p>	<p>THURSDAY 14.1.21 WHEELIES DAY</p>	<p>FRIDAY 15.1.21 WATER FUND DAY TAKE TWO</p>
<p>Today our OOSH educators will be running team building activities!! This is a great opportunity for children to work together in teams and extend on their communication and problem-solving skills as well as building on their self-esteem and confidence. So, get ready for a day of extreme FUN!!</p> 	<p>Here at CWOOSH we have so many incredible educators with hidden talents that you may not know about!! Today we will be exploring the talents of our staff in outdoor activities like soccer, volleyball, self-defence and so much more!</p> 	<p>Make tracks to OOSH these holidays and enjoy a fun day full of Minecraft!! We will play creeper dodgeball, creeper target practice as well as Minecraft costume and tool construction!! Get excited!!</p> 	<p>Want to ride your bicycle or scooter at school?? Wheelies day is for you!! There will be heaps of challenges to test your skills on your wheels to learning more about looking after your bicycle such as basic maintenance. DON'T FORGET YOUR HELMET!!!</p> 	<p>Today CWOOSH educators will be running a fun water play program at OOSH!! Please wear rash shirts, pack extra clothes, a towel and suitable shoes that can get wet.</p> 
<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps), bike/scooter, helmet, knee/elbow pads</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps), spare clothes (in case they get really wet), towel, rash vest</p>



WEEK 3

<p>MONDAY 18.1.21 LOOSE PARTS MYSTERY CREATIONS</p>	<p>TUESDAY 19.1.21 "000" HERO'S DAY</p>	<p>WEDNESDAY 20.1.21 NO BAKE-OFF DAY!!</p>	<p>THURSDAY 21.1.21 INDOOR STAFF TALENT DAY</p>	<p>FRIDAY 22.1.21 RAINBOW COLOUR DAY</p>
<p>What's in the box? Can you hear it? Do you have a chef's palate? Children will need to use their senses today as they work together and engage in discussion and experiences to complete challenges and discover the unknown.</p> 	<p>Today is all about celebrating the amazing 000 heroes in our community and showing our gratitude for all the incredible support they continue to provide us. Come dressed up as your favourite 000 HERO as we engage in an array of experiences to enrich their understanding of the purpose of 000 heroes.</p> 	<p>Today children will be engaged in cooking, showing off their culinary skills from decorating cookies, making rice paper rolls and so much more. This will help develop their confidence and life skills. They will learn about healthy eating and sometimes foods.</p> 	<p>Here at CWOOSH we have so many incredible educators with hidden talents that you may not know about!! Today we will be exploring the talents of our staff in a variety of experiences ranging from drawing, origami, painting, cooking, and so much more!</p> 	<p>Today is all about COLOUR and FUN!! The children will be engaging in a range of craft, cooking and outdoor experiences filled with all the colours of the rainbow. We encourage the children to wear a white shirt for our rainbow course, bring a towel and change of clothing.</p> 
<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>	<p>Pack morning tea, lunch, bottle and wide brimmed hat (no caps)</p>

WEEK 4

MONDAY 25.1.21
AUSTRALIA DAY

G'day mate!!! Today we are going to celebrate being Australian the only way we know how!! During the celebrations we will dig into some Aussie tucker, learn some traditional Australian games and get into the Aussie spirit!



Pack morning tea, lunch, bottle and wide brimmed hat (no caps)

TUESDAY 26.1.21

AUSTRALIA DAY

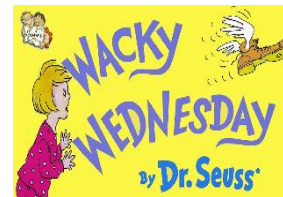
PUBLIC HOLIDAY



CLOSED

WEDNESDAY 27.1.21
WACKY WEDNESDAY

Just imagine you wake up on a Wednesday to discover everything around has gone completely Wacky. Your shoes are on the wall and ceiling, there's a palm tree in the toilet, OOSH staff are wearing roller skates and even see a pig with chicken legs!!! Come dressed up all Wacky, bright and colourful, with different sock and crazy wacky hair, inside out and upside down. JUST IMAGINE!!



Pack morning tea, lunch, bottle and wide brimmed hat (no caps)

THURSDAY 28.1.21
MOVIE, PJ AND PARTY DAY

Today will be fun and relaxing before we go back to school next week. Come dressed in your pyjamas for ultimate comfort, as we spend the day making movie snacks to munch on as we watch some of our favourite movies.



Pack morning tea, lunch, bottle and wide brimmed hat (no caps)



Phone: (02) 9683 4979

Email: admin@cwoosh.com.au

Website: www.cwoosh.com.au

- Opening Hours:** 7.00 a.m. - 6.00 p.m. Monday to Friday. Closed Public Holidays and a selected period over Christmas (**CLOSED: Monday 21st December to Sunday 3rd January**).
A late fee of \$2.00 per minute will be charged for any child picked up after 6:00 p.m. without any exceptions.
- Parking:** Parking is available on Felton Road at the Kingsdene end. The nearest cross street is Sandringham Street. **DO NOT** park on Felton Road from the Baker Street end. The gates are locked up that end of the school and we can NOT open them for you. Sometimes these gates may be open due to teachers or cleaners being at the school but they do NOT come looking for you when they are ready to leave, so if your car is parked in the school grounds, you will get locked in!!!!
- Changing your booking:** Changes or cancellations may be made to your booking up until **6pm 16th December**. After this date / time, no changes or cancellations will be accepted. You may advise us that your child will be absent on a particular day, but you will still be charged for that day. You may add an extra day if we are not booked out, but again, you will still be charged for the original day you booked plus the new additional day.
- Daily Fee Cost:** \$58.00 per **child per day**
- Payment of fees:** Vacation care fees can only be paid by direct debit. Fees will be deducted weekly.
- Food:** Children are required to bring the stated food as explained in the "daily Information" section of the program. (Lunches may be refrigerated if necessary and heated up in the oven or microwave). Breakfast is available each morning at no additional cost.
- PLEASE NOTE: any child who does not bring their lunch will be provided with a sandwich, and the parent will be charged \$5.00 which must be paid on the day. Children without morning tea will be given a piece of fruit and the family will be charged \$3.00.**
- Clothing:** Children are required to be dressed in appropriate clothing for the day's activities. O.O.S.H. takes no responsibility for children soiling their clothing. Children **MUST** bring a wide brimmed hat each day.
- Electronic Devices:** Specified times will be communicated with the children for playing electronic devices each day. This is to ensure children engage in other 'social' activities. OOSH also takes absolutely **NO** responsibility of these devices and children need to be made aware that these personal items are their responsibility. It is recommended that all children write their names on the equipment. When devices are not in use, games may be kept in the Office for better protection / supervision.
- Sun Protection:** Children must wear a wide brimmed hat and sunscreen whilst playing outdoors. Children will not be allowed to play outdoors without a hat. Please do not wear singlet strapped dresses / tops, as this does not protect from the sun.
- COVID-19:** Due to the Covid-19 restrictions, Parents are NOT permitted on school grounds. Our staff will be at the bottom gate to greet you, where you can sign your child in for the morning or out for the afternoon sessions. The gates will be locked from 10am to 3pm. If you arrive during these hours, please call the number on the gate, for our staff to come and open the gate for your child. Ipads will be wiped clean between parent use.



Philosophy and Aims

Our Philosophy is guided by 'Being, Belonging, Becoming: The Framework for School Age Care in Australia' and the National Quality Framework. We meet our Philosophy and aims by following Carlingford West OOSH Policies and Procedures.

5In Relation to Children

We acknowledge that all children are unique individuals with their own needs, interests and strengths. All children are given equal opportunities regardless of their gender, culture and socio-economic background.

We acknowledge that children's voices are the most important part of our programs.

Children learn best through play and educators will support development by providing experiences that are meaningful to the children and, most importantly, reflect their interests. For example, the child's knowledge is valued and can be used as a tool for enhancing the knowledge of others.

Learning is promoted through experimentation, investigation and role play. Educators will follow children's interests and provide open ended play and creative experiences within a comfortable, relaxed, home like environment and also with a sense of provoking learning.

Children develop and learn at their own pace; therefore, educators will ensure their expectations of children's development are specific to each child and their experiences.

A positive self-concept, high self-esteem and social competence are the basis for learning. Therefore, educators will ensure children are given meaningful praise for efforts, success and positive behavior and will be supported to build positive relationships with their peers.

Staff will support each child's background within the environment, using experiences across all learning outcomes; Children have a strong sense of identity, Children are connected and contribute to their world, Children have a strong sense of wellbeing, Children are active and involved learners, Children are efficient communicators.

We will support the inclusion of children with additional needs, working in conjunction with the family and other support services and agencies.

Educators will support each child's emotional development through the Principles of "Belonging, Being and Becoming" and its practices.

In Relation to Families and Community

We acknowledge families are the most important people in their child's life and have valuable information to share with us. We will make parents feel welcome and encourage them to become involved at the Centre in whatever way they feel comfortable.

Individual families have their own parenting and childcare practices, which educators will recognise and respect.

We recognise that families are active members of the larger community. We are aiming to establish and further develop our collaborative partnerships with both families and the community.

We encourage feedback suggestions and opinions regarding the Centre's procedures, policies and the general running of the Centre.

Families need to feel secure in knowing that their child is cared for in a nurturing environment.

Families have the right to confidentiality and respect for privacy.

Families have the right to access affordable, high quality care and education.

In Relation to Educators

We recognise and respect that every educator is an individual with diverse needs, interests, skills, knowledge and experience. We support educator's personal childhood philosophy.

Educators will work as a team by motivating and supporting each other.

Educators will help to build an atmosphere of trust and respect through open communications, respecting different points of view and maintaining confidentiality.

Staff will abide by Policies and Procedures, the Centre's Code of Ethics, UN Conventions of the Rights of the Child and the National Quality Areas (NQF).

In Relation to the Program

The program encourages children to make choices and have control of their own learning through individual interests and their 'voices' being recognised. Short and long-term projects are added to and changed according to the children's interests.

The program provides opportunities for indoor / outdoor play that promotes child initiated small group experiences and fosters nurturing and sibling relationships.

The program is based on the National Quality Framework where the children's interests are the focus and educators work within these interests to assist with the child's development. These practices are complemented by educators', 'Provocations' via intentional teaching.

We believe that the role of adults within the Centre is to be facilitators that guide and encourage children's learning at their own level. We acknowledge and support the process of children's play rather than focusing on a final product.

The program will be accessible and clear for families to read, comment on and offer feedback and suggestions.

All educators will be given opportunity to have input into the program with ideas and suggestions.

In Relation to the Environment

We recognise the importance of providing a safe, secure and consistent environment that supports trust and familiarity as well as active exploration of learning.

We believe that environment sustainability is our responsibility and we endeavour to become active advocates of 'Going Green'.

We acknowledge the Traditional owners and custodians of this **land**, the Darug tribe.

We recognise that we are part of the world community as well as our local community. And is our role to support children to become environmentally responsible and contribute to a sustainable future.

Aims and Objectives

- To provide a stimulating and inclusive Centre program in order to help children successfully transition to school.
- To provide a positive active and progressive service for children as an integral part of the community.
- To create Continuity of Learning through consistent reflection of children's learning, educators' practices and community expectations.
- To support children learning through Play, understanding Respect and Responsibilities and the importance of Relationships and Partnerships.
- To promote Children's Strong Sense of Identity, Connection and Contribution to their World, Strong Sense of Wellbeing, Confidence and Involved Learners, Efficient Communicators.
- To provide both group and individual experiences for all children that is emergent, spontaneous and/or intentional teaching!
- To encourage a sense of security for the children in our care by providing consistent, warm, caring, experienced and qualified educators.
- To promote an environment that welcomes, respects and caters for all families. To acknowledge the diversity of all cultural backgrounds within the service.
- To promote an environment that welcomes and caters for children with disabilities and special needs.
- To promote the reduction of carbon footprint through active discussions and implementations of feasible strategies.
- To educate children about respect for the natural and constructed environments, animals, plants and relevant Legislation and Key Resources.
- To help children become socially responsible and show respect for their environment!

Policy Aim: We believe in nurturing wellbeing and an enjoyment of learning, through active exploration, child-initiated play and experiences, and strong, positive relationships with others in holistic practices.

Relevant Legislation: Education and Care Services National Regulations 2011

National Quality Standards: Areas 1-7

Framework for School Age Care in Australia: Outcomes 1-5

Key Sources: Parents, Carer's, Research Documents, Community Representatives, Educators and Children of Carlingford West OOSH Centre Inc. 2012

<http://deewr.gov.au/my-time-our-place-framework-school-age-care-australia>

ALLERGY AWARENESS

Throughout our Centre we have a number of children with **life threatening allergies** to various forms of food, latex, dust, cats and insect stings. This is a serious matter, one that our Centre must address.

Some children have allergies that are so severe that smells or touch could trigger a reaction.

In order to do this, we appeal to all parents to assist us in caring for these children by considering the type of foods you pack for your own child's morning tea / afternoon tea and lunch. Our aim is to minimise the amount of peanut and tree nut products brought into the Centre. These foods are extremely dangerous to our children with allergies and cause 50% of food allergic deaths. Common foods that trigger an allergic reaction are listed below and we ask you to refrain from sending them to OOSH and to seek suitable alternatives.

FOOD TYPE	EXAMPLES
Peanuts	Any kind of peanut or satay
Tree nuts	Hazelnuts, almonds, cashews, pecans, walnuts, macadamia – any kind of nuts
Peanut butter	Any kind of peanut butter
Sesame seeds	
Nutella	Any brand
Biscuits containing or topped with nuts	Particularly chocolate biscuits
Cakes or slices containing nuts	
Snack packs containing nuts	Dried fruit + nut mixes, snack-a-bouts, Dunkaroos
Chocolates containing nuts	Picnics, Snickers, Mars Bars (almond), Nut Breaks, Ferrero Rocher, Fruit and Nut, Praline based chocolates – Guylian, Marble Blocks
Chocolate lollies containing nuts	Peanut M&Ms
Egg	Whole boiled eggs, egg sandwiches, fried rice
Breakfast cereals containing nuts	Crunchy Nut or Honey Nut Cornflakes, Muesli, Nutri Grain, Just Right etc.
Muesli Bars and Snack Bars containing nuts	
Yoghurt with nut mixer packs	Ski Double Up
Confectionary items	Lolly Gooble Bliss Bombs, Rocky Road
“Health Food” confectionary bars containing nuts	
Foods containing satay	Thai, Malaysian, Indonesian meals
Fried Rice	That contains egg

OOSH does not provide any of these products. In the case of a child bringing a nut product to OOSH, the staff will bring the matter to the attention of parents. There are many foods that DO NOT contain peanuts or nuts in their ingredients list, but the food package has the statement “May contain traces of dairy, nut or seed”. This food may be brought to OOSH and consumed only by non-allergic children. Due to safety and concerns, we discourage children from sharing food and drink. We would also appreciate parents speaking to their children regarding this matter. Your child's diet at home need not change. Below is a list of foods that are safe for you to choose from. We're sure you can think of many others.

- Fruit and vegetables
- Fruit snack packs
- Parker's Pretzels
- Chips
- Plain biscuits – sweet or savoury – without nuts
- Yoghurt – without nuts mixes
- Plain Cornflakes, Rice Bubbles, Weetbix, etc. – without nuts
- Lollies and confectionary items – marshmallow, spearmint leaves, jelly babies, snakes, raspberries, etc. without nuts.
- Dried fruits
- Vegemite, jam, honey, cheese spreads
- Rice crackers
- Popcorn
- Chocolate biscuits – without nuts
- Fruit based muesli bars and snack bars – without nuts

Basically we ask you not to send food to OOSH with your child that contains egg, or a nut or nut product in list of ingredients. Children with the ‘wrong’ foods will have that food confiscated and an alternative will be offered.

We thank you for helping us to provide a safe environment for all children at Carlingford West OOSH Centre.